



## Water Safety / Drowning Prevention

What can parents do to help their children stay safe in and around water? Below are a few safety tips offered by the Safe Kids Seminole County Coalition:

- Learn to swim. The best thing anyone can do to stay safe in and around the water is to learn to swim.
- Never allow your child to swim alone.
- Swim in supervised areas only. Maintain constant supervision. Watch children around any water environment (pool, stream, lake, tub, toilet, bucket of water), no matter what skills your child has acquired and no matter how shallow the water
- Obey all rules and posted signs.
- Pay attention to local weather conditions and forecasts. Stop swimming at the first indication of bad weather.
- Know how to prevent, recognize, and respond to emergencies.
- Don't rely on substitutes. The use of flotation devices and inflatable toys cannot replace parental supervision. Such devices could suddenly shift position, lose air, or slip out from underneath, leaving the child in a dangerous situation.



Parents should learn CPR. Take a course from the American Heart Association or the American Red Cross.